

LADIES' HomeJournal

FEBRUARY 2009

TAKE A LOOK!
IT'S NEW

120 BEST LITTLE WAYS TO PROTECT YOUR HEALTH IN 2009

* HOW TO PAY LESS FOR EVERYTHING

WALK STRONG LOSE WEIGHT AND BEAT HEART DISEASE

LOOK 10 YEARS YOUNGER (It's All About The Clothes)

FEEL HAPPIER EVERY DAY Our 1-Minute Attitude Makeover

DIY HAIR COLOR THAT LOOKS AMAZING

ANGELINA WHO?



"Most of my patients do NOT want huge lips," says Dr. Robert Guida, a top New York City plastic surgeon. "They just want the borders enhanced with some volume in the pink central part." For this task,

Dr. Guida relies on either Restylane or Juvederm, injected under the skin to add fullness. Many patients come in shortly before a wedding, photo shoot, or other big event, as the downtime is minimal and results immediate.

For More Information Visit: www.drguida.com

lhj.com